

Barber Doug
Form 4
October 13, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Barber Doug

2. Issuer Name and Ticker or Trading Symbol
CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
305 HARTMANN DR
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
10/11/2010

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Executive VP & COO

LEBANON, TN 37087

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	10/11/2010		M	16,346	A	\$ 27.02	49,280.251 D
Common Stock	10/11/2010		S	16,346	D	\$ 52.3737 (1)	32,934.251 D
Common Stock	10/12/2010		M	1,650	A	\$ 35.6	34,584.251 D
Common Stock	10/12/2010		S	1,650	D	\$ 52.1454 (2)	32,934.251 D
	10/12/2010		M	5,062	A	\$ 34.6	37,996.251 D

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Common Stock								
Common Stock	10/12/2010		S	5,062	D	\$ 52.1454 (2)	32,934.251	D
Common Stock	10/12/2010		M	788	A	\$ 27.02	33,722.251	D
Common Stock	10/12/2010		S	788	D	\$ 52.1454 (2)	32,934.251	D
Common Stock	10/12/2010		F	2,279 (3)	D	\$ 52.05	30,655.251	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Stock Options (right to buy)	\$ 27.02	10/11/2010		M	16,346	(4) 09/25/2018	Common Stock	16,346
Stock Options (right to buy)	\$ 35.6	10/12/2010		M	1,650	(5) 09/22/2014	Common Stock	1,650
Stock Options (right to buy)	\$ 34.6	10/12/2010		M	5,062	(6) 09/22/2015	Common Stock	5,062
Stock Options	\$ 27.02	10/12/2010		M	788	(4) 09/25/2018	Common Stock	788

(right to
buy)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Barber Doug 305 HARTMANN DR LEBANON, TN 37087			Executive VP & COO	

Signatures

Doug Barber by Forrest Shoaf, Attorney-in-fact	10/13/2010
__Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Represents the weighted average sale price for the transaction reported. Sales prices ranged from \$52.30 per share to \$52.50 per share.
 - (1) The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
 - Represents the weighted average sale price for the transaction reported. Sales prices ranged from \$52.00 per share to \$52.42 per share.
 - (2) The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
 - (3) Represents shares deducted to satisfy federal income tax withholding obligations on the vesting of a previously disclosed award.
 - (4) This option grant vests over three years in equal installments on September 25, 2009, 2010 and 2011, respectively.
 - (5) This option grant vested over three years in equal installments on September 22, 2005, 2006 and 2007, respectively.
 - (6) This option grant vested over three years in equal installments on September 22, 2006, 2007 and 2008, respectively.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.