## Edgar Filing: SCHULTZ ALAN F - Form 4

SCHULTZ Form 4 March 28,												
	ЛЛ									OMB A	PPROVAL	
				URITIES AND EXCHANGE COMMISSION Vashington, D.C. 20549						OMB Number:	3235-0287	
Check if no lo subject Sectior Form 4 Form 5 obligat may co <i>See</i> Ins 1(b).	F CHA Section Public V	CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES ction 16(a) of the Securities Exchange Act of 1934, iblic Utility Holding Company Act of 1935 or Section f the Investment Company Act of 1940							Expires:January 312005Estimated averageburden hours perresponse0.5			
(Print or Type	e Responses)											
SCHULTZ ALAN F Symbols VAI				souer realine and restor of frauing					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Month				th/Dav/Year)				-	X_ Director 10% Owner Officer (give title Other (specify below) below)			
Filed(M				(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
	, MI 48152							1	Person		1 0	
(City)	(State)	(Zip)	Та	ble I - No	on-	Derivative	Secu	rities Acqu	ired, Disposed of	, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	action Date 2A. Deemed Day/Year) Execution Date, if any (Month/Day/Year)			3)	4. Securiti nor Dispose (Instr. 3, 4 Amount	ed of (		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/26/2013			M <u>(1)</u>		43,399	A	\$ 29.37	365,385	D		
Common Stock	03/26/2013			S <u>(1)</u>		43,399	D	\$ 29.762 (2)	321,986	D		
Common Stock	03/27/2013			M <u>(1)</u>		12,171	А	\$ 29.37	334,157	D		
Common Stock	03/27/2013			S <u>(1)</u>		12,171	D	\$ 29.7346 <u>(4)</u>	321,986	D		
	03/27/2013			M(1)		400	А	\$ 16.18	322,386	D		

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Common Stock											
Common Stock	03/27/2013	,	S <u>(1)</u> 40	00 D	) 5	\$ 30	321,986	D			
Common Stock							2,051	Ι	Valassis Employees' Retirement Savings Plan		
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.          Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.       SEC 1474 (9-02)											
			tive Securities Acqui 1ts, calls, warrants, c								
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	ionDen Sec Act or l (D) (Ins	curities equired (A) Disposed of	6. Date Exerce Expiration D (Month/Day/	Date	Underlying S	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	J (A	.) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 29.37	03/26/2013		M <u>(1)</u>		43,399	(3)	04/01/2013	Common Stock	43,399	
Employee Stock Option (Right to Buy)	\$ 29.37	03/27/2013		M <u>(1)</u>		12,171	(3)	04/01/2013	Common Stock	12,171	
Employee Stock Option (Right to Buy)	\$ 16.18	03/27/2013		M <u>(1)</u>		400	(5)	05/12/2015	Common Stock	400	

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SCHULTZ ALAN F VALASSIS COMMUNICATIONS, INC. 19975 VICTOR PARKWAY LIVONIA, MI 48152	Х						
Signatures							
Linda J. Schalek, by Power of Attorney	03/28/2013						
**Signature of Reporting Person	Date	•					

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple block transactions at prices ranging from
 \$29.75 to \$29.7950, inclusive. The reporting person undertakes to provide upon request by the SEC staff, the issuer or any security holder of the issuer full information regarding the number of shares sold at each price within the range of all transactions reported in the Form 4.

- <sup>(2)</sup> of the issuer, full information regarding the number of shares sold at each price within the range of all transactions reported in the Form 4 utilizing a weighted average price.
- (3) The options fully vested at the 5 year mark on April 1, 2011.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple block transactions at prices ranging from \$29.4910 to \$29.8418, inclusive. The reporting person undertakes to provide upon request by the SEC staff, the issuer or any security

- (4) holder of the issuer, full information regarding the number of shares sold at each price within the range of all transactions reported in the Form 4 utilizing a weighted average price.
- (5) The option, representing a right to purchase a total of 550,000 shares, vested in three equal installments on February 2, 2010, February 17, 2010 and April 29, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.