Edgar Filing: Neal Shana Carol - Form 4

| Neal Shana Form 4 | Carol | | | | | | | | |
|---|---|---|--------------------------|--|-----------|---|---|--|-----------------------------------|
| March 27, 2 | 018 | | | | | | | | |
| | ЛЛ | | | | | | | | PPROVAL |
| FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 | | | | | | | OMB Number: | 3235-0287 | |
| Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 Section 17(a) of the Public Utility Holding Company Act of 1935 or Sect 30(h) of the Investment Company Act of 1940 | | | | | | e Act of 1934, f 1935 or Sectio | Estimated average burden hours per response 0.5 | | |
| (Print or Type | Responses) | | | | | | | | |
| 1. Name and A Neal Shana | ibol | er Name and Ticker or Trading IS & MINOR INC/VA/ [OMI] | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
| (Last) | (First) (M | liddle) 3. D | ate of Earliest Tra | ansaction | | | (Chec | ck all applicable | e) |
| 9120 LOCK | KWOOD BLVD | | nth/Day/Year) 26/2018 | | | | Director X Officer (give below) Chief Hum | | b Owner er (specify Officer |
| | Amendment, Da d(Month/Day/Year) | endment, Date Original nth/Day/Year) | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | |
| MECHANI | CSVILLE, VA 23 | 116 | | | | | | More than One Re | |
| (City) | (State) | (Zip) | Table I - Non-D | erivative S | ecurit | ies Acq | uired, Disposed of | f, or Beneficial | lly Owned |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | Execution Dat | Code | Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A) | | | Securities Beneficially Owned | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | |
| _ | | | Code V | Amount | or (D) | Price | (Instr. 3 and 4) | | |
| Common Stock (1) | 03/26/2018 | | А | 19,907 | А | \$0 | 19,907 | D | |
| Common Stock ⁽²⁾ | 03/26/2018 | | А | 13,271 | А | \$0 | 33,178 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transacti Code (Instr. 8) | 5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | ate | 7. Tit Amou Under Secur (Instr | int of rlying | 8. Price of Derivative Security (Instr. 5) | 9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr |
|---|---|---|---|---------------------------------------|---|---------------------|--------------------|--|--|---|---|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | | |
|--|---------------|------------|-------------------------------------|-------|--|--|--|--|
| | Director | 10% Owner | Officer | Other | | | | |
| Neal Shana Carol 9120 LOCKWOOD BLVD MECHANICSVILLE, VA 23116 | | | Chief Human Resources Officer | | | | | |
| Signatures | | | | | | | | |
| Shana C. Neal, by Rosemarie France POA | | 03/27/2018 | | | | | | |
| **Signature of Reporting Person | | Date | | | | | | |
| Evaluation of Decreases | | | | | | | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock grant which vests one-third per year over three years.
- (2) Restricted stock with three year vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.