

REITEN RICHARD G
Form 4
June 30, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
REITEN RICHARD G

2. Issuer Name and Ticker or Trading Symbol
NORTHWEST NATURAL GAS CO
[NWN]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

(Last) (First) (Middle)
220 NW SECOND AVENUE
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
06/29/2005

Director 10% Owner
 Officer (give title below) Other (specify below)

PORTLAND, OR 97209-3991
(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock, \$3-1/6 par value	06/29/2005		M		800 A \$ 27.875	18,824.674	D
Common Stock, \$3-1/6 par value	06/29/2005		S		800 D \$ 38	18,024.674	D
Common Stock, \$3-1/6 par value	06/30/2005		M		9,200 A \$ 27.875	27,224.674	D

Common Stock, \$3-1/6 par value	06/30/2005	S	9,200	D	\$ 38	18,024.674	D	
Common Stock, \$3-1/6 par value						2,984.989	I	See Footnote <u>(1)</u>
Common Stock, \$3-1/6 par value						6,554.256	I	See Footnote <u>(2)</u>
Common Stock, \$3-1/6 par value						21,861.9798	I	See Footnote <u>(3)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Option to Buy	\$ 27.875	06/29/2005		M	800	<u>(4)</u> 03/01/2006	Common Stock	800
Option to Buy	\$ 27.875	06/30/2005		M	9,200	<u>(4)</u> 03/01/2006	Common Stock	9,200

Reporting Owners

Reporting Owner Name / Address

Relationships

