AMERUS GROUP CO/IA

Form 4 March 07, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Number: January 31, Expires: 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

SECURITIES

burden hours per response...

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

9,442

Ι

Estimated average

See Instruction

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

AMERUS GROUP CO/IA [AMH]

Symbol

1(b).

Stock

(Print or Type Responses)

GAFFNEY THOMAS F

1. Name and Address of Reporting Person *

						(Check an applicable)								
	(Last)	(First)	(Middle)	3. Date of	f Earlies	st Tr	ansaction							
				(Month/I	Day/Yea	r)				_X_ Director		% Owner		
699 WALNUT STREET, SUITE			03/04/2	03/04/2005					Officer (give title Other (specify					
	2000									below) below)				
					_			_						
		(Street)		4. If Ame	endment	t, Da	ite Origina	ıl		6. Individual or Joint/Group Filing(Check				
				Filed(Mon	Filed(Month/Day/Year)					Applicable Line)				
						X Form filed by One Reporting Person								
DES MOINES, IA 50309										Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Be								of or Ropoficio	ally Owned					
	·		_	Tab	ic 1 - 140)II-L	envauve	Secui	ilies Acq	unieu, Disposeu (n, or beneficia	any Owned		
	1.Title of	2. Transaction Date			3.		4. Securit		-	5. Amount of	6.	7. Nature of		
Security (Month/Day/Year) Execution			* * * * * * * * * * * * * * * * * * * *						Securities	Ownership	Indirect			
	(Instr. 3)				5)	Beneficially		Direct Beneficial						
			(Month/L	Day/Year)	(Instr.	8)				Owned	(D) or Indirect (I)	Ownership		
								Following Reported	(Instr. 4)					
		(A)				Transaction(s)	(Instr. 4)							
								or		(Instr. 3 and 4)				
					Code	V	Amount	(D)	Price	(msu. 5 and 4)				
	Common	02/04/2005	02/04/2	005	C		570	Ъ	\$	12 005	Ъ			
	Stock	03/04/2005	03/04/2	005	S		578	D	48.81	12,885	D			
	Common								\$			Cory		
		03/04/2005	03/04/2	005	S		500	D	48.84	885	I	Associates		
	Stock								48.84			LLC		
	Common									461	I	By Spouse		
	Stock									701	1	by Spouse		
												D I		
	Common									0.440		Donna L.		
										0.442	Ĭ	Gaffney		

Gaffney

Trust

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of 	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amou	nt of	Derivative	J
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	,
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)]
	Derivative				Securities	1		(Instr.	3 and 4)		(
	Security				Acquired]
					(A) or						J
					Disposed						-
					of (D)						(
					(Instr. 3,						
					4, and 5)						
									Amount		
									or		
						Date	Expiration		Number		
						Exercisable	Date	11110	of		
				Code V	(A) (D)				Shares		
				Code v	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			

GAFFNEY THOMAS F 699 WALNUT STREET SUITE 2000 DES MOINES, IA 50309

X

Signatures

/s/ Jeananne M. Celander, attorney-in-fact for Mr. Gaffney

03/07/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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