



If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

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Item 2.02 Results of Operations and Financial Condition.

On May 1, 2018, Nature's Sunshine Products, Inc. issued a press release announcing certain preliminary financial results for the first quarter ended March 31, 2018. A copy of the Company's press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

The information furnished pursuant to this Item 2.02 and the exhibit hereto shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be deemed to be incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as shall be expressly set forth by specific reference in such filing.

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On May 1, 2018, the Company issued a press release announcing that Gregory L. Probert, Chairman and Chief Executive Officer ("CEO"), will retire from his position as CEO after assisting the Company to transition his responsibilities to a successor who will be identified by the Board of Directors. It is anticipated that Mr. Probert will continue to serve as the Chairman of the Company's Board of Directors following his retirement as CEO. A copy of the Company's press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

Item No. Exhibit

99.1 Press release issued by the Company, dated May 1, 2018.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: May 1, 2018 By: /s/ Joseph W. Baty

Joseph W. Baty, Executive Vice President, Chief Financial Officer and Treasurer