INGLE ROBERT P II Form SC 13D/A September 12, 2011

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C.

SCHEDULE 13D

Under the Securities Exchange Act of 1934

(Amendment No. 1)*

INGLES MARKETS, INCORPORATED

(Name of Issuer)

Class A Class A Common Stock, Par Value \$0.005 Per Share (Title of Class of Securities)

457030104 (CUSIP Number)

Ronald B. Freeman

c/o Ingles Markets, Incorporated

P.O. Box 6676

Asheville, North Carolina 28816 (Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

May 10, 2011, September 1, 2011 and September 8, 2011 (Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), Rule 13d-1(f) or Rule 13d-1(g), check the following box ".
Note : Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See <u>Rule 13d-7(b)</u> for other parties to whom copies are to be sent.
* The remainder of this cover page shall be filled out for a reporting person s initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page. The information required on the remainder of this cover page shall not be deemed to be filed for the purpose of Section 18 of the Securities Exchange Act of 1934 (Act) or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 457030104

1.	Names of Reporting Persons. I.R.S. Identification Nos. of above persons (entities only).			
2.	Robert P. Ingle II Check the Appropriate Box if a Member of a Group (See Instructions) (a) " (b) "			
3.	SEC Use Only			
4.	Source of Funds (See Instructions)			
5.	OO Check if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e)			
6.	Citizenship or Place of Organization			
	USA	7.	Sole Voting Power	
	mber of chares neficially vned by Each porting Person With	8.	11,296,000 shares (See Note 1 below) Shared Voting Power	
Si Ben Ow I Rej Pe		9.	0 shares Sole Dispositive Power	
,		10.	11,296,000 shares (See Note 1 below) Shared Dispositive Power	
11.	Aggreg	ate A	0 shares Amount Beneficially Owned by Each Reporting Person	

11,296,000 shares (See Note 1 below)

- 12. Check Box if the Aggregate Amount in Row (11) Excludes Certain Shares (See Instructions)
- 13. Percent of Class Represented by Amount in Row (11)

47.0% (See Note 1 and Item 5 below)

14. Type of Reporting Person (See Instructions)

IN

Note 1: The percentage reported in this Schedule 13D are based upon 12,939,533 shares of Class A Class A Common Stock outstanding as of September 1, 2011, plus 11,080,600 shares of Class A Common Stock deemed outstanding pursuant to SEC Rule 13d-3(d)(1)(i)(D).

Item 1. Security and Issuer

This Statement relates to shares of the Class A Common Stock, par value \$0.05 per share (the Class A Common Stock) of Ingles Markets, Incorporated, a North Carolina corporation (the Company). The Company has its principal executive offices at 2913 U.S. Highway 70 West, Asheville (Black Mountain), North Carolina 28711.

Item 2. Identity and Background

(a)-(c); (f) This Statement is filed by Robert P. Ingle II (Mr. Ingle II). Mr. Ingle II is a U.S. citizen whose principal business address is P.O. Box 6676, Asheville, North Carolina 28816. Mr. Ingle II is the Chairman and Chief Executive Officer of the Company.

(d)-(e) During the past five years, Mr. Ingle II has not been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors), or has been a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, federal or state securities laws or finding any violation with respect to such laws.

Item 3. Source and Amount of Funds or Other Consideration

See Items 4 and 5.

Item 4. Purpose of Transaction

Mr. Ingle II has no present plans or proposals that relate to or would result in any of the transactions described in subparagraphs (a) through (j) of Item 4 of Schedule 13 D. Mr. Ingle II received beneficial ownership of 10,148,650 shares of the Class A Common Stock pursuant to the estate plan of his father, Robert P. Ingle (Mr. Ingle Sr.). Mr. Ingle II received beneficial ownership of 890,800 shares of the Class A Common Stock on May 10, 2011, when he was appointed a Trustee of the Company s Investment/Profit Sharing Plan and Trust. In his capacity as Trustee of the marital trust that Mr. Ingle Sr. established on the date of his death, on September 1, 2011, Mr. Ingle II transferred 950,000 shares of the Class B Common Stock of the Company to Laura L. Ingle (Ms. Ingle), the sole beneficiary of the trust and Mr. Ingle II s mother. On September 8, 2011, Ms. Ingle transferred such shares of Class B Common Stock to the Laura Anne Laxton Ingle 2011 Irrevocable Trust dated September 8, 2011, of which Mr. Ingle II is the sole trustee. See Item 5.

Item 5. Interest in Securities of the Issuer

(a)-(b) The beneficial ownership of the Class A common shares is as follows:

- (i) Mr. Ingle II is the direct owner of 102,500 shares of Class A Common Stock;
- (ii) Mr. Ingle II is the direct owner of 154,950 shares of Class B Common Stock including 21,476 shares of Class B Common Stock held by his minor children, with respect to which Mr. Ingle II disclaims any beneficial ownership interest. Each share of Class B Common Stock is convertible, at any time at Mr. Ingle II s option, into one share of Class A Common Stock. Therefore, Mr. Ingle II is the direct beneficial owner of 154,950 shares of Class A Common Stock;
- (iii) Mr. Ingle II is the sole trustee of a trust created by Mr. Ingle Sr. for estate planning purposes on February 15, 2011. On February 18, 2011, Mr. Ingle Sr. transferred 680,000 shares of Class B Common Stock to the trust. As described above, all of such shares are convertible at any time by Mr. Ingle II in his capacity as trustee into shares of Class A Common Stock. Mr. Ingle II is the beneficial owner of such Class A Common Stock by virtue of being the sole trustee of the trust with sole voting and dispositive power with respect to such shares; and
- (iv) Mr. Ingle II is the sole trustee of a trust created by Mr. Ingle Sr. on December 24, 2010. On March 6, 2011, upon the death of Mr. Ingle Sr., 9,468,650 shares of Class B Common Stock were transferred to the trust. As described above, on September 1, 2011, 950,000 of such shares were transferred to Ms. Ingle, the sole beneficiary of the trust and Mr. Ingle II s mother. As described above, all of the remaining shares in such trust are convertible at any time by Mr. Ingle II in his capacity as trustee into shares of Class A Common Stock. Mr. Ingle II is the beneficial owner of such Class A Common Stock by virtue of being the sole trustee of the trust with sole voting and dispositive power with respect to such shares.
- (v) Mr. Ingle II is the sole trustee of a trust created by Ms. Ingle on September 8, 2011. On September 8, 2011, Ms. Ingle transferred 950,000 shares of Class B Common Stock to the trust. All of the shares in such trust are convertible at any time by Mr. Ingle II in his capacity as trustee into shares of Class A Common Stock. Mr. Ingle II is the beneficial owner of such Class A Common Stock by virtue of being the sole trustee of the trust with sole voting and dispositive power with respect to such shares.
- (vi) Mr. Ingle II was appointed a trustee of the Company s Investment/Profit Sharing Plan and Trust on May 10, 2011. The trust owns 777,000 shares of the Company s Class B Common Stock and 113,800 shares of the Company s Class A Common Stock. Each share of Class B Common Stock is convertible, at any time, into one share of Class A Common Stock. Therefore, Mr. Ingle II is the beneficial owner of 890,800 shares of Class A Common Stock by virtue of being a trustee of the trust with voting and dispositive power together with the other two trustees of the trust.
- (c) On September 1, 2011, in his capacity as sole trustee of Mr. Ingle Sr. s marital trust, Mr. Ingle II transferred 950,000 shares of Class B Common Stock to Ms. Ingle. On September 8, 2011, Ms. Ingle transferred 950,000 shares of Class B Common Stock to the trust established by Ms. Ingle on that date, the sole trustee of which is Mr. Ingle II. No consideration was involved in connection with the transfer of such shares from the marital trust to Ms. Ingle or from Ms. Ingle to her trust.
- (d) Not applicable.
- (e) Not applicable.

Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to the Securities of the Issuer Not applicable.

Item 7. Material to Be Filed as Exhibits None.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: September 12, 2011 /s/ Robert P. Ingle II Robert P. Ingle II