GARB OIL & POWER CORP Form 8-K November 09, 2009

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549		

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (date of earliest event reported): November 4, 2009

GARB OIL & POWER CORPORATION

(Exact name of registrant as specified in its charter)

Utah0-2699987-0296694(State or other jurisdiction of incorporation or organization)(Commission File Number)(IRS Employer Identification No.)

1588 South Main Street, Suite 200

Salt Lake City, Utah84115(Address of principal executive offices)(Zip code)

Registrant's telephone number, including area code: (801) 832-9865

N/A

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

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- O Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- O Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- O Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- O Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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ITEM 7.01—REGULATION FD DISCLOSURE

On November 5, 2009, Garb Oil & Power Corporation issued a press release, a copy of which is attached as Exhibit 99.1.

ITEM 9.01—FINANCIAL STATEMENTS AND EXHIBITS

The following is filed as an exhibit to this report:

Exhibit

<u>No.</u>	<u>Description</u>	<u>Location</u>
99.1	Announcement on appointment of new chairman of the board, extension of board to seven directors and names two new directors	This filing

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Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Garb Oil & Power Corporation Registrant

Dated: November 2, 2009 By: /s/ Matthew Shepard

Matthew Shepard, President

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