FIELDING RONALD W

Form 4

March 10, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

2. Issuer Name and Ticker or Trading

Washington, D.C. 20549

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

5. Relationship of Reporting Person(s) to

Issuer

Estimated average

burden hours per

if no longer subject to Section 16. Form 4 or Form 5

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

FIELDING RONALD W

1. Name and Address of Reporting Person *

H				HORMEL FOODS CORP /DE/ [HRL]					(Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)						Director 10% OwnerX_ Officer (give title Other (specify				
1 HORMEL PLACE			03/08/2011					bei	below) below) Executive Vice President				
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)				
AUSTIN, I						_X 	X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Tal	ble I - No	n-	Derivative S	Securi	ties Acquire	ed, Disposed of, o	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	E 2A. Deem Execution any (Month/Da	Date, if	3. Transac Code (Instr. 8		4. Securitie or Disposed or (Instr. 3, 4 a	f (D)	uired (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
G				Code	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	03/08/2011			M		90,000	A	\$ 15.035	119,818	D			
Common Stock	03/08/2011			M		90,000	A	\$ 16.37	209,818	D			
Common Stock	03/08/2011			M		90,000	A	\$ 19.355	299,818	D			
Common Stock	03/08/2011			M		82,500	A	\$ 20.07	382,318	D			
Common Stock	03/08/2011			M		55,000	A	\$ 12.63	437,318	D			

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Common Stock	03/08/2011	M	27,500	A	\$ 19.125	464,818	D
Common Stock	03/08/2011	S	370,007	D	\$ 27.4342	94,811	D
Common Stock	03/08/2011	F	64,993	D	\$ 27.13	29,818 (1) (2)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exer Expiration D (Month/Day)	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 15.035	03/08/2011		M(3)		90,000	<u>(4)</u>	12/07/2014	Common Stock	90,000
Stock Options (Right to Buy)	\$ 16.37	03/08/2011		M(3)		90,000	<u>(5)</u>	12/06/2015	Common Stock	90,000
Stock Options (Right to Buy)	\$ 19.355	03/08/2011		M(3)		90,000	<u>(6)</u>	12/05/2016	Common Stock	90,000
Stock Options (Right to Buy)	\$ 20.07	03/08/2011		M(3)		82,500	<u>(7)</u>	12/04/2017	Common Stock	82,500
Stock Options (Right to Buy)	\$ 12.63	03/08/2011		M <u>(3)</u>		55,000	<u>(8)</u>	12/02/2018	Common Stock	55,000

Stock

Options (Right to \$19.125 03/08/2011 $M_{\underline{0}}^{(3)}$ 27,500 $\underline{0}^{(9)}$ 12/01/2019 Common Stock 27,500 Stock

Buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

FIELDING RONALD W 1 HORMEL PLACE AUSTIN, MN 55912

Executive Vice President

Signatures

Ronald W. Fielding, by Power of Attorney 03/08/2011

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All share amounts reflect the stock split effective February 1, 2011.
- (2) Reporting Person holds indirectly 12,063 shares in the 401(k), and 12,721.8 shares in the JEPST Trust.
- (3) Reporting Person has exercised Stock Withholding Rights in connection with this option exercise, as reflected on Table I.
- (4) The option vested in four equal annual installments, with the first group vesting on December 7, 2005.
- (5) The option vested in four equal annual installments, with the first group vesting on December 6, 2006.
- (6) The option vested in four equal annual installments, with the first group vesting on December 5, 2007.
- (7) The option vests in four equal annual installments, with the first group vesting on December 4, 2008.
- (8) The option vests in four equal annual installments, with the first group vesting on December 2, 2009.
- (9) The option vests in four equal annual installments, with the first group vesting on December 1, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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