Edgar Filing: CLIFFORD WILLIAM J - Form 4

	WILLIAM J									
Form 4	2006									
February 08	_									PPROVAL
FORM	4 UNITED	STATES			AND EX , D.C. 20		NGE C	OMMISSION	OMB Number:	3235-0287
Check this box if no longer subject to Section 16. SECURITIES SECURITIES						Expires: January 3 200 Estimated average burden hours per response 0				
(Print or Type	Responses)									
	Address of Reporting WILLIAM J	Person <u>*</u>	Symbol	NATION	d Ticker or IAL GAN		-0	5. Relationship of I Issuer (Check	Reporting Pers	
(Last) 825 BERKS	(First) (1) SHIRE BLVD SU	Middle) JITE 200		f Earliest T Day/Year) 2006	ransaction			Director X Officer (give below) Chief F		Owner er (specify er
	(Street)			endment, D nth/Day/Yea	ate Origina m)	1		6. Individual or Joi Applicable Line) _X_ Form filed by O		
WYOMISS	SING, PA 19610							Form filed by Me Person		
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secur	ities Acqu	uired, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	oror Dispos (Instr. 3, 4	ed of (D)	 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (1)	02/06/2006			М	25,000	A	\$ 7.42	83,500	D	
Common Stock	02/06/2006			S	25,000	D	\$ 32.191	58,500	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Options (right to buy)	\$ 7.42	02/06/2006		М	25,000	01/02/2004	01/02/2009	Common Stock	25

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
CLIFFORD WILLIAM J 825 BERKSHIRE BLVD SUITE 200 WYOMISSING, PA 19610			Chief Financial Officer				
Signatures							
/s/Robert S Ippolito as attorney-in-fact for Clifford	William J	(02/08/2006				
**Signature of Reporting Person			Date				
Ender all and December							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All transactions on this Form 4 were made pursuant to a stock trading plan, dated November 2, 2005, established pursuant to rule 10b5-1.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.