PUCHNER ALEX Form 4

August 05, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

(City)

1. Name and Address of Reporting Person * **PUCHNER ALEX**

2. Issuer Name and Ticker or Trading Symbol

BJs RESTAURANTS INC [BJRI]

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

(Middle)

(Zip)

3. Date of Earliest Transaction

Director 10% Owner

7755 CENTER AVENUE, SUITE

(Street)

(First)

300

(Month/Day/Year) 08/04/2009

X_ Officer (give title Other (specify

below) below) Sr. Vice President Brewing Ops

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting Person

HUNTINGTON BEACH, CA 92647

(State)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	onAcquired (A) or	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	Disposed of (D)	Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	Indirect (I)	Ownership
					Following	(Instr. 4)	(Instr. 4)

Reported (A) Transaction(s)

(Instr. 3 and 4) Price

Common Stock, no Code V Amount (D)

 $6,955 \frac{(4)}{}$ D

par value

Common Stock, no 08/04/2009

S 5.000 D \$ 17 37,000 Ι By Trust

par value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisal Expiration Date (Month/Day/Yea		7. Title and 2 Underlying 9 (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Common Stock Purchase Option	\$ 3.65					06/08/2002(1)	06/08/2011	Common Stock	75,00
Common Stock Purchase Option	\$ 13.57					02/09/2005(2)	04/15/2014	Common Stock	2,50
Common Stock Purchase Option	\$ 15.5					02/22/2007(3)	02/22/2015	Common Stock	4,57
Common Stock Purchase Option	\$ 23.26					01/04/2007(2)	01/04/2016	Common Stock	10,00
Common Stock Purchase Option	\$ 19.96					01/03/2008(2)	01/03/2017	Common Stock	7,50
Non Qualified Stock Options	\$ 16.63					01/02/2009(2)	01/02/2018	Common Stock	4,70
Non Qualified Stock Options	\$ 10.11	12/31/2008		A	10,500	12/31/2009 <u>(2)</u>	12/31/2018	Common Stock	10,50

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	

Reporting Owners 2

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PUCHNER ALEX 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647

Sr. Vice President Brewing Ops

Signatures

Dianne Scott, Attorney-in-fact for Alexander M. Puchner

08/05/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 33 1/3% per year beginning on the first anniversary of the date of grant.
- (2) The options vest 20% per year beginning on the first anniversary of the date of grant.
- (3) The options vest 33 1/3% per year beginning on the third anniversary of the date of grant.
- (4) Includes restricted stock award of 1,955 shares vesting 391 shares each on 1/2/2009, 1/2/2010,1/2/2011,1/2/2012 and 1/2/2013. Includes restricted stock award of 5,000 shares vesting 1,000 shares each on 12/31/2009, 12/31/2010, 12/31/2011,12/31/2012 and 12/31/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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