DEITCHLE GERALD W

Form 4

January 04, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **DEITCHLE GERALD W** Issuer Symbol BJs RESTAURANTS INC [BJRI] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) __X__ Director 10% Owner _X__ Officer (give title __X__ Other (specify 7755 CENTER AVENUE, SUITE 12/30/2009 below) below) 300 President and CEO / Chairman (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting HUNTINGTON REACH CA 92647 Person

1101111	NOTON	DEACH	, CA 920	+/

(City)	(State)	Zip) Table	e I - Non-D	erivative Securities A	cquired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securities on Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, no par value			Code V	Amount (D) Pric	55,718 (4)	D	
Common Stock					10,000	I	By Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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$\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number orDerivative Securities Acquired (Disposed (Instr. 3, 4 5)	(A) or of (D)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and 4
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option	\$ 18.86	12/30/2009		A	232,702		12/30/2012(5)	12/30/2019	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 14.77						11/23/2005(1)	11/23/2014	Common Stock
Common Stock Purchase Option	\$ 14.04						01/12/2005(2)	01/12/2015	Common Stock
Common Stock Purchase Option	\$ 23.26						01/04/2007(3)	01/04/2016	Common Stock
Common Stock Purchase Plan	\$ 19.96						01/03/2008(3)	01/03/2017	Common Stock
Non-Qualified Stock Option	\$ 16.63						01/02/2009(3)	01/02/2018	Common Stock
Non-Qualified Stock Option	\$ 10.11						12/31/2009(3)	12/31/2018	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other		
DEITCHLE GERALD W 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647	X		President and CEO	Chairman		

Signatures

Dianne Scott Attorney-in-fact for Gerald W.
Deitchle 01/04/2010

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 50% per year beginning on the first anniversary of the date of grant (11/23/2004).
- (2) The options vest 100,000 on the date of grant and 87,500 on the second and third anniversary of the date of grant.
- (3) Options vest 20% per yer beginning on the first anniversary of the date of grant.
 - Of this amount, 18,044 shares represent a restricted stock award vesting in five equal installments beginning on 1/2/2009, 29,674 shares
- (4) represent a restricted stock award vesting in five equal installments beginning on 12/31/2009 and 8,000 shares are held in Mr. Deitchle's IRA account.
- (5) The options vest 100% three years from grant date of 12/30/2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.