AMERUS GROUP CO/IA

Form 4

March 01, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

SECURITIES

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CLARK BRIAN J			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			AMERUS GROUP CO/IA [AMH]	(Check all applicable)		
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	Director 10% Owner		
699 WALNU	T STREET	, SUITE	02/25/2005	_X_ Officer (give title Other (specify		
2000				below) below) EVP, Chief Product Officer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
				X Form filed by One Reporting Person		
DES MOINES, IA 50309				Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivative So	ecuriti	es Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities or Disposed (Instr. 3, 4 a	of (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/25/2005	02/25/2005	Code V M	Amount 1,160.71 (1)	(D)	Price \$ 21	12,841.71	D	
Common Stock	02/25/2005	02/25/2005	M	303.86 (1)	A	\$ 39.08	13,145.57	D	
Common Stock	02/25/2005	02/25/2005	M	1,535.34 (1)	A	\$ 39.08	14,680.91	D	
Common Stock	02/25/2005	02/25/2005	D	47.67 <u>(1)</u> <u>(2)</u>	D	\$ 47.2	14,633.24	D	
Common Stock	02/25/2005	02/25/2005	F	924.69 (1) (3)	D	\$ 47.2	13,708.55	D	

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Common Stock	02/25/2005	02/25/2005	D	0.55 <u>(1)</u> <u>(4)</u>	D	\$ 47.2 13,708	D	
Common Stock						698.05	I	By 401 (K) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of ionDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year) (A) or of (D)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Performance Rights (1)	\$ 21	02/25/2005	02/25/2005	M		807.32	<u>(5)</u>	(5)	Common Stock	1,160.7 (6)
Performance Rights (1)	\$ 39.08	02/25/2005	02/25/2005	M		303.86	(5)	(5)	Common Stock	303.8 (<u>6)</u>
Performance Rights (1)	\$ 39.08	02/25/2005	02/25/2005	M		1,535.34	<u>(5)</u>	<u>(5)</u>	Common Stock	1,535.3 (6)

Reporting Owners

Reporting Owner Name / Address		Relationships					
	Director	10% Owner	Officer	Other			

CLARK BRIAN J 699 WALNUT STREET SUITE 2000 DES MOINES, IA 50309

EVP, Chief Product Officer

Signatures

/s/ Jeananne M. Celander, attorney-in-fact for Mr. 02/23/2004

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Company's Management Incentive Plan (MIP), an employee plan exempt under Section 16b-3, provides that employees participating in the plan are eligible to defer a portion of their annual bonus to purchase phantom stock units at a price per unit equal to the fair market
- value (FMV) of the Company's common stock on the date of purchase. The company will match a specified percentage of the phantom stock units purchased pursuant to the deferral program. Upon vesting, the Company will issue the underlying common stock.
- (2) Units retained by the Company to satisfy cash deferral directly into the Company's 401 (K) Plan on the behalf of the reportee.
- (3) Units retained by the Company to satisfy tax payment due to the IRS on behalf of the reportee.
- (4) Cash-in-lieu of fractional share in connection with the conversion of units to underlying stock.
- On the third anniversary of the employee's deferral, the Company will issue the underlying common stock. Alternatively, on the third anniversary of the employee's deferral, the employee may elect to redefer the bonus units for another three year period and every three years thereafter, until the earlier of normal retirement or termination. The entire Company match is forfeited if the employee's employment terminates prior to the third anniversary of the employee's deferral.
- (6) These units have vested and have been converted under the terms of the plan.
- (7) Price not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.