

AVISTAR COMMUNICATIONS CORP
 Form 4
 April 21, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 SOLO DAVID M

2. Issuer Name and Ticker or Trading Symbol
 AVISTAR COMMUNICATIONS CORP [AVSR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 04/20/2005

Director 10% Owner
 Officer (give title below) Other (specify below)

27241 ALTAMONT ROAD

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

LOS ALTOS HILLS, CA 94022

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	04/20/2005		M		3,000	A	\$ 0.76
Common Stock	04/20/2005		M		21,875	A	\$ 0.9
Common Stock	04/20/2005		M		6,250	A	\$ 0.77
Common Stock	04/20/2005		M		49,500	A	\$ 2.21
Common Stock	04/20/2005		M		2,500	A	\$ 0.77

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title Underlying (Instr. 3)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option (right to buy)	\$ 0.76	04/20/2005		M		07/23/2003	07/23/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 0.77	04/20/2005		M	6,250 (1)	07/23/2003 ⁽²⁾	07/23/2013	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 0.77	04/20/2005		M	2,500 (1)	07/23/2004 ⁽²⁾	07/23/2013	Common Stock
Non-Qualified Stock Option (right to buy) ⁽³⁾	\$ 0.9	04/20/2005		M	21,875	04/23/2004 ⁽²⁾	04/23/2013	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 2.21	04/20/2005		M	49,500	06/12/2002	06/12/2011	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 2.91	04/20/2005		A	145,000 (3)	04/20/2005	04/20/2008	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SOLO DAVID M 27241 ALTAMONT ROAD LOS ALTOS HILLS, CA 94022	X			

Signatures

By: Robert Habig For:
David Solo

04/21/2005

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Annual Director's Award 2003
 - (2) There is one year cliff on the total combined grant and 25% can be exercised 12 months from the date of grant. The remaining amount vests quarterly in equal installments.
 - (3) Non-Employee grant governed under 2000 Stock Option Plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.