

GILDAN ACTIVEWEAR INC
Form 6-K
July 26, 2004

[QuickLinks](#) -- Click here to rapidly navigate through this document

SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

Form 6-K

**Report of Foreign Private Issuer
Pursuant to Rule 13a-16 or 15d-16 of
the Securities Exchange Act of 1934**

For the month of: July, 2004

Commission File Number: 1-14830

GILDAN ACTIVEWEAR INC.

(Translation of Registrant's name into English)

**725 Montée de Liesse
Ville Saint-Laurent, Québec
Canada H4T 1P5**

(Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F:

Form 20-F

Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934:

Yes

No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

INCORPORATION BY REFERENCE

The Registrant's Long Term Incentive Plan effective June 24, 1998, amended on December 3, 2003 and on May 4, 2004 (Exhibit 1 of Form 6-K (Commission File No. 1-14830) furnished to the Commission July 26, 2004) is incorporated by reference into the Registrant's registration statement on Form S-8 (No. 333-36880).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

GILDAN ACTIVEWEAR INC.

Date: July 23, 2004

By: /s/ STÉPHANE LEMAY

Name: Stéphane Lemay

Title: Vice-President, Public and Legal Affairs

EXHIBIT

Exhibit	Description of Exhibit
1	Gildan Activewear Inc. Long Term Incentive Plan, effective June 24, 1998, amended on December 3, 2003 and on May 4, 2004

QuickLinks

INCORPORATION BY REFERENCE

SIGNATURES

EXHIBIT