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Ingoldsby Ja	mes J										
Form 4											
January 04, 2	2006										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL		
CURINE 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287			
	Check this box							Expires:	January 31,		
if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF							Estimated	2005			
	Section 16. SECURITIES							burden hou	•		
Form 4 or									response	•	
Form 5 obligation		-						ge Act of 1934,			
may cont				•	•	- ·		f 1935 or Sectio	n		
See Instru		30(1	h) of the In-	vestment	Compan	y Act	: of 19	40			
1(b).											
(Print or Type F	(esponses)										
(Thin of Type I	(csponses)										
1. Name and A	ddress of Report	ting Person *	2 Issuer	Name and	Ticker or '	Tradin	σ	5. Relationship of	Reporting Person(s) to		
Ingoldsby Ja	-	U -	Symbol	Name and Ticker or Trading				Issuer			
			-	NERGY, INC. [NRG]							
(Last)	(First)	(Middle)		3. Date of Earliest Transaction				(Che	ck all applicabl	e)	
(2000)	(1150)	(initiatio)	(Month/D					Director 10% Owner			
NRG ENER	GY, INC., 21	1	01/03/20	•				X Officer (give title Other (specify			
CARNEGIE CENTER								below) below) Vice President and Controller			
			4 70 4								
	(Street)			ndment, Date Original				6. Individual or Joint/Group Filing(Check			
			rileu(Mon	th/Day/Year)				Applicable Line) _X_ Form filed by	One Reporting P	erson	
PRINCETO	N, NJ 08540							Form filed by I	More than One R		
								Person			
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of	2. Transaction	Date 2A. D	eemed	3.	4. Securi			5. Amount of	6. Ownership	7. Nature of	
Security (Month/Day/Year) Execution Date,			tion Date, if	· · · ·				Securities	Form: Direct	Indirect	
(Instr. 3)	(Instr. 3) any Code (Month/Day/Vear) (Instr. 8)			Disposed of (D) (Instr. 3. 4 and 5)			· · · ·		Beneficial Ownership		
						(Instr. 4)	(Instr. 4)				
						(A)		Reported			
						or		Transaction(s) (Instr. 3 and 4)			
				Code V	Amount	(D)	Price	(11150. 5 and 4)			
Common					1.000						
Stock, par	01/03/2006			А	1,000 (1)	А	<u>(2)</u>	8,395	D		
value 0.01					(1)						
per share (1)											

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and 4
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option	\$ 47.95	01/03/2006		А	8,000	01/03/2007 <u>(3)</u>	01/03/2012 <u>(4)</u>	Common Stock, par value \$0.01 per share
Performance Units	(5)	01/03/2006		А	3,800	01/03/2009	01/03/2009	Common Stock, par value \$0.01 per share

Reporting Owners

Reporting Owner Name / Address	ess Relationships						
	Director	10% Owner	Officer	Other			
Ingoldsby James J NRG ENERGY, INC. 211 CARNEGIE CENTER PRINCETON, NJ 08540			Vice President and Controller				
Signatures							
/s/ Tanuja M. Dehne, under Pov Attorney	wer of		01/04/2006				

<u>**</u>Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents Restricted Stock Units issued to Mr. Ingoldsby by NRG Energy, Inc. under NRG Energy, Inc.'s Long Term Incentive Plan.

Date

(2) Each Restricted Stock Unit is equivalent in value to one share of NRG Energy, Inc.'s Common Stock, par value \$0.01. Mr. Ingoldsby will receive from NRG Energy, Inc. one such share of Common Stock for each Restricted Stock Unit on January 3, 2009.

(3)

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Pursuant to the Grant Agreement by and between NRG Energy, Inc. and Mr. Ingoldsby, the Stock Options will vest and become exercisable as follows: 33 1/3% on January 3, 2007; 33 1/3% on January 3, 2008; and 33 1/3% on January 3, 2009.

(4) Stock Options expire six years from the date of grant.

Mr. Ingoldsby was issued 1,900 Performance Units by NRG Energy, Inc. under NRG Energy, Inc.'s Long Term Incentive Plan on January 3, 2006. Each Performance Unit will be paid out on January 3, 2009 if the average closing price of NRG Energy, Inc.'s Common Stock for the ten trading days prior to January 3, 2009 (the "Measurement Price") is equal to or greater than \$67.37 (the "Target Price"). The

(5) payout for each Performance Unit will be equal to: (i) one share of Common Stock, if the Measurement Price equals the Target Price; (ii) a prorated amount in between one and two shares of Common Stock, if the Measurement Price is greater than the Target Price but less than \$79.49 (the "Maximum Price"); and (iii) two shares of Common Stock, if the Measurement Price is equal to or greater than the Maximum Price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.