Form 8-K November 12, 2003

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

Current Report

Pursuant to Section 13 or 15(d) of the

Securities Exchange Act of 1934

Date of Report (date of earliest event reported): November 7, 2003

SIZELER PROPERTY INVESTORS, INC.

(Exact Name of Registrant as Specified in its Charter)

Maryland (State or Other Jurisdiction of Incorporation) 1-09349 (Commission File Number) 72-1082589 (IRS Employer Identification No.)

2542 Williams Boulevard, Kenner, LA 70062

(Address of Principal Executive Offices, including zip code)

(504) 471-6200

 $(Registrant \ \ s \ telephone \ number, including \ area \ code)$

Not Applicable

(Former name or former address, if changed since last report)

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ITEM 7. Financial Statements, Pro Forma Financial Information and Exhibits
(c) Exhibits.
The following exhibits are filed with this Form 8-K:
99.1 Press Release dated November 7, 2003
ITEM 9. Regulation FD Disclosure (Information provided under Item 12 Disclosure of Results of Operations and Financial Condition).
Pursuant to Securities and Exchange Commission Release No. 33-8216, dated March 27, 2003, the information provided herein required by Item 12 of Form 8-K is being filed under Item 9 of Form 8-K.
On November 7, 2003, we issued a press release, which sets forth our results of operations for the three-month and nine-month periods ended September 30, 2003. A copy of the press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference. Such information shall not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, and is not incorporated by reference

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into any filing of the company, whether made before or after the date hereof, regardless of any general incorporation language in such filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 11, 2003

SIZELER PROPERTY INVESTORS, INC.

By: /S/ CHARLES E. MILLER, JR.

Charles E. Miller, Jr.

Chief Financial Officer

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Exhibit Index

Exhibit 99.1 Press Release dated November 7, 2003.

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