	ND EXCHANGE C	COMMISSION
	FORM 8-K	
	CURRENT REPORT	
	JANT TO SECTION 13 OR 15	
	July 19, 2004 (Date of report)	
Checkers I	Drive-In Restaura	ants. Inc.
	name of Registrant as specified in its chart	
•	Commission file number 0-19649	
Delaware (State or other jurisdiction of		58-1654960 (I.R.S. Employer
incorporation or organization)		identification no.)

4300 West Cypress Street Suite 600 Tampa, FL (Address of principal executive offices)

33607 (Zip code)

(813) 283-7000

 $(Registrant \ \ s \ telephone \ number, including \ area \ code)$ 

#### ITEM9. REGULATION FD DISCLOSURE

On July 19, 2004, the Registrant issued a news release entitled Checkers/Rally & Offers Chance to Wave Green Flag at NASCAR & Brickyard 400® - Sweepstakes & Instant Win Game brings racing excitement to double drive-thrus , a copy of which is attached hereto as Exhibit 99.1.

#### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Checkers Drive-In Restaurants, Inc.

(Registrant)

Date: July 19, 2004 By: /s/ Keith E. Sirois

Name: Keith E. Sirois

Title: Director, CEO and President

### EXHIBIT INDEX

Exhibit Number	Description	
99.1	Press Release dated July 19, 2004	