UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 3, 2012

Vanguard Natural Resources, LLC (Exact name of registrant as specified in its charter)

| DELAWARE | 001-33756 | 61-1521161 |
|-----------------|------------------|----------------|
| (State or other | (Commission File | (IRS Employer |
| jurisdiction of | Number) | Identification |
| incorporation) | | No.) |

5847 San Felipe, Suite 3000 Houston, Texas 77057 (Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code (832) 327-2255

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 2.02 Results of Operations and Financial Condition.

On August 2, 2012, Vanguard Natural Resources, LLC (the "Company") issued a press release announcing its earnings for the quarter ended June 30, 2012 and updated guidance for 2012 and preliminary outlook for 2013. The press release is being furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

This Form 8-K and Exhibits 99.1 and 99.2 hereto shall be deemed "furnished" and not "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, and shall not be incorporated by reference into any registration statement of the issuer.

Item 7.01 Regulation FD Material.

On August 2, 2012, the Company issued a press release announcing its earnings for the quarter ended June 30, 2012 and updated guidance for 2012 and preliminary outlook for 2013, a copy of which is filed as Exhibit 99.1 hereto and incorporated herein by reference.

Item 8.01 Other Events.

On August 2, 2012, the Company issued a press release announcing the change from a quarterly distribution policy to a monthly distribution policy. Additionally, the Company also announced the anticipated launch of a Direct Common Unit Purchase Plan ("Plan") and a Direct Reinvestment Plan ("DRIP") that will begin on August 27, 2012. The Plan and DRIP will be administered by American Stock Transfer & Trust, LLC ("AST"). The Company expects that AST will also replace Computershare Trust Company, N.A. as the appointed transfer agent and registrar for the Company effective August 27, 2012. The press release is being furnished as Exhibit 99.2 to this Current Report on Form 8-K and is incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

EXHIBIT NUMBER

DESCRIPTION

Exhibit 99.1 Press Release dated August 2, 2012

Exhibit 99.2 Press Release dated August 2, 2012

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VANGUARD NATURAL RESOURCES, LLC

By: /s/ Richard A. Robert Name: Richard A. Robert

Title: Executive Vice President and Chief Financial

Officer

August 3, 2012 (Principal Financial Officer and Principal

Accounting Officer)

3

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