MEDIFAST INC

<b>DE</b> (State or other jurisdiction of incorporation)	001-31573 (Commission File Number)	13-3714405 (IRS Employer Identification No.)
(Exact name of registrant as specified in its cl	harter)	
Medifast, Inc.		
Date of Report (Date of earliest event reporte	a) Way 50, 2015	
Date of Report (Date of earliest event reporte	d) May 30 2012	
The Securities Exchange Act of 1934		
Pursuant to Section 13 OR 15(d) of		
CURRENT REPORT		
FORM 8-K		
Washington, D.C. 20549		
SECURITIES AND EXCHANGE COMM	ISSION	
UNITED STATES		
Form 8-K May 30, 2013		

11445 Cronhill Drive, Owings Mills, Maryland 21117

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: 410-581-8042

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions ( see General Instruction A.2. below):

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

"Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

<sup>&</sup>quot;Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### **Item 7.01 Regulation FD Disclosure**

On May 30, 2013, Michael C. MacDonald, Chairman and Chief Executive Officer of Medifast, Inc. (the "Company"), along with Margaret E. Sheetz, Chief Operating Officer and Timothy G. Robinson, Chief Financial Officer conducted a presentation at the Citi Global Consumer Conference in New York, NY.

The presentation was broadcast live over the Internet hosted at the Investor Relations section of the Company's website at www.medifastnow.com, and will be archived online through June 13, 2013.

The slides used during the presentation are furnished as Exhibit 99.1 to this Current Report.

The information in this report, including the presentation slides furnished as Exhibit 99.1 hereto, shall not be deemed to be "filed" for purposes of Section 18 of the Securities and Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section, and shall not be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

#### **Item 9.01 Financial Statements and Exhibits**

(d) Exhibits

Exhibit No. Description 99.1 Investor Presentation.

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

# Medifast, Inc.

Date: May 30, 2013 By: /s/ TIMOTHY G. ROBINSON

Timothy G. Robinson Chief Financial Officer